

SPVVS'S

G.P.PORWALARTS,COMMERCE&V.V.SA
LIMATH SCIENCE COLLEGE, SINDGI



BROCHURE



DEPARTMENT OF PHYSICAL EDUCATION

**VALUE ADDED COURSE
IN YOGA 2021-22**

TITLE : VALUE ADDED COURSE IN YOGA

DATE : 03/08/2021 TO 03/09/2021

Inauguration

03/08/2021

Time : 10:30 AM

Valedictory

03/09/2021

Time : 10:30 AM



G,P,PORWAL ARTS,
COMMERCE & V.V
SALIMATH SCIENCE
COLLEGE SINDAGI

Presents

VALUE ADDED COURSE
IN YOGA 2021-22



Yoga is skill in action

Course Duration

30 hours

Daily 6:00am to 7:00am

Commencement Date

03/08/2021 To 03/09/2021

Who can Enroll

B.A B.Com and B.SC
Students

Evaluation Criteria

Participation:

Sincerity |Punctuality and Theoretical
Knowledge Practical Assessment

Course Content

Unit-I

- Meaning and definition of yoga
- Aim and objectives of yoga
- Need and importance of yoga in physical education and sports

Unit-II

Asana

- Tadasana
- Konasana
- Garudasana
- Halasana
- Padahstasana
- vakrasana
- Shavasana

Unit-III

Yoga Mudre

- Gyan Mudra
- Vayu mudra
- Shunya mudra
- Prithvi Mudra
- Prana Mudra

Resource Person

Shri. Prof. Gavisiddappa
Anegundi
Physical Director R D Patil
College Sindagi

About the course

In today's world filled with busyness & anxiety, we need to take out time for healing our mind, body and soul. This program is designed to benefit all these aspects to help you achieve a healthy lifestyle. We wish to equip all our stakeholders with a rejuvenating life choice and make the most of it.

Learning objectives

11. To enable the students to become health wealthy.
12. To enable the students to maintain mental hygiene.
13. To develop in student the spirit of emotional stability.
14. To integrate moral, cultural and national values among student.
15. To enable the students to attain higher level of consciousness.

By the end of the program the participants will be able to

- Perform the asanas independently
- Aware of their lifestyle choices
- Benefit from the regular meditation and yoga routine



RAVI V. GOLA
Physical Director,
G.P. Porwal Arts, Commerce and
V.V. Salimath Science College,
SINDGI-586128.

Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,
SINDGI-586128.

Principal,
G. P. Porwal Arts, Comm &
V. V. Salimath Sc. College
SINDGI-586128. College Code: 586128



S.P.V.V.S'S
G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)

Affiliated to Rani Channamma University, Belagavi

Accredited at 'B' Grade (2.42 CGPA) by NAAC

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

DEPARTMENT OF PHYSICAL EDUCATION

Academic Year 2021-22

To

IQAC Coordinator

**Sub : Request for Permission to Conduct Value
Added Course in "Yoga"**

Sir/Madam,

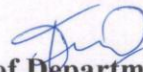
With reference to subject cited above I would like to bring to your kind information that our department is going to conduct Value Added Course in "Yoga" from on 03-08-2021 to 03-09-2021(30days) for B.A B.Com and B.Sc students. Kindly permit us the same for the welfare of our students.

Hoping that the authority will do the needful and oblige.

Thanking you

Place: Sindagi

Date: 24-07-2021


Head of Department
RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,
SINDAGI-586128.



S.P.V.V.S'S
G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)

Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

DEPARTMENT OF PHYSICAL EDUCATION

Academic Year 2021-22

To

Head,

DEPARTMENT OF PHYSICAL EDUCATION

Sub : Permission to Conduct Value Added Course in “Yoga”

Ref: Your Letter dated on 24/07/2021

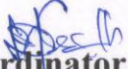
Sir/Madam,

With reference to subject cited above I herewith permit you to conduct Value Added Course in “Yoga” from 03-08-2021 to 03-09-2021 (30 days) for B.A B.Com and B.Sc students.

Thanking you

Place: Sindagi

Date: 26-07-2021


Coordinator, IQAC
Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,
SINDGI-586128.



S.P.V.V.S'S
G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist : Vijayapur. Karnataka State)
Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

DEPARTMENT OF HINDI

Certificate Course: - "हिंदी व्याकरण"

2021-22

Reg. No.	Sl.No	NAME OF THE STUDENTS	SIGNATURE
A 1951606	01	AFSANABEGUM	
A 1951610	02	AISHWARYA LACHYAN	
A 1951612	03	AKASH HARIJAN	
A 1951616	04	ALTAP INAMADAR	
A 1951624	05	ASHARANI B HALEMANI	
A 1951650	06	FIROZKHAN B MULLA	F.B. mulla
A 1951662	07	IRFAN	
A 1951677	08	LALABI MAKASI	
A 1951682	09	MAHALAXMI GAYAKWAD	mahalaxmi
A 1951692	10	MAMATASHREE	
A 1951739	11	RAMESH S RATHOD	
A 1951748	12	SACHIN RATHOD	
A 1951751	13	SAMEER MULLA	
A 1951753	14	SANABEGUM MANDEWALI	
A 1951754	15	SANDEEP M PAWAR	
A 1951767	16	SHAHEEDSAB MIRJI	
A 1951772	17	SHARAT M JALAWADI	
A 1951791	18	SUBANABEGAM AWATI	
A 1951799	19	UMAR	Umar
A 1951806	20	VINOD PATTAR	Vinod
A 1951664	21	JAIBUN K PATEL	Jaibun
A 1951750	22	SAMEER NADAF	
A 1951730	23	SAHID A KOUTAL	
A 1951740	24	TRIMURTI PUJARI	
A 1951730	25	RAGAVENDRA BADIGER	

Head

Dept. of Hindi
G.P.P. Arts, Commerce & V.V.S. Science
College, SINDGI-586128.

Coordinator IQAC
G. P. PORWAL ARTS, COMM &
V.V.SALIMATH Sc. College,
SINDGI-586128

Principal,
G. P Porwal Arts, Comm &
V V Salimath Sc. College
SINDGI-586128. College Code: 5234






S.P.V.V.S Sarangamath, Sindgi

**G P Porwal Arts, Commerce And V V Salimath
Science College, Sindagi - 586 128**

**IQAC Initiative
Department of Sports**




VALUE ADDED COURSE IN YOGA

Inaugural Function

Thursday - 03-08-2021 **Venue : Function**
Hall **Time : 09:00am**

Chief Guest : **Sir Gavisiddappa . Anegundi**
R.D.Patil.College,Sindagi

President : **Prof. D . M . Patil**
Principal

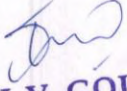
IQAC Coordinator : **Prof. D . M . Sarashetti**


Oranising Committee

Prof. R.V.Lamani Prof. M.J.Sankapa Prof. B.R.Mahajanashetti
 Prof. Pratika Talawar Prof. Prakash Teju Prof. B.R.Aralagundagi

All are cordially invited

Prof. Ravi Gola **Dr.P.R.Rathod** **Prof. D.M.Patil**
 Organising Secretary Gymkhana Secretary President


RAVI V. GOLA
 Physical Director,
 G.P.Porwal Arts, Commerce and
 V.V.Salimath Science College,
 SINDAGI-586128.


Coordinator IQAC
 G. P. PORWAL ARTS, COM &
 V. V. SALIMATH Sc. College,
 SINDGI-586128.


PRINCIPAL
 G.P.PORWAL ARTS COMMERCE &
 V.V.SALIMATH SCIENCE COLLEGE
 SINDGI-586 128



S.P.V.V.S'S
G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)
Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

Inaugural Function of Value Added Course -Yoga - 03-08-2021 to 03-09-2021

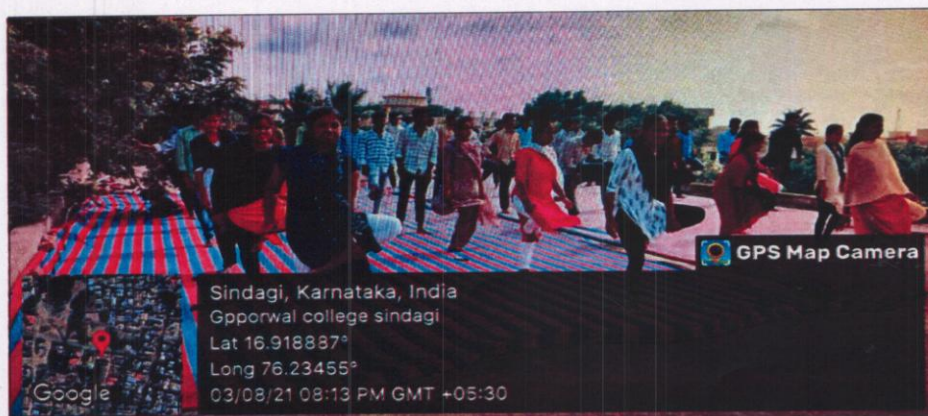
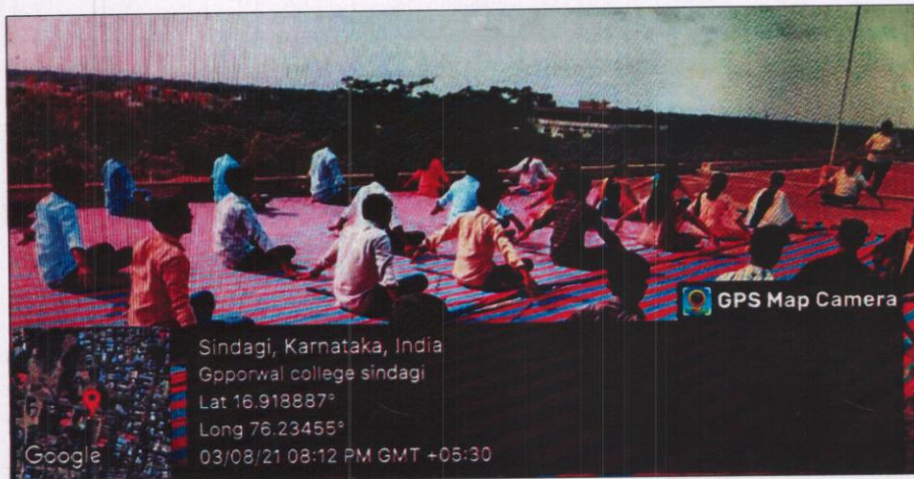


Ravi V. Gola
RAVI V. GOLA

[Signature]
Principal



Students Practicing Yoga




RAVI V. GOLA
Principal Director


Coordinator IQAC


PRINCIPAL
G. P. PORWAL ARTS COMMERCE &
SCIENCE COLLEGE



S.P.V.V.S'S
G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)

Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

Ref.NO.....

Date: 23.07.2021

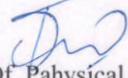
To
Prof.GavisiddappaAnegundi
Physical Director Department of
Physical Education R D Patil
College Sindagi

Dear Madam,

Subject: Regarding appointment as BOS member

With reference to the above cited subject, I feel happy to inform that you have been appointed as BOS Member for Value Added Course "Yoga (30days)" introduced by Department of Physical Education for the academic year 2021-22. Kindly accept the same and do the needful.

Thanking You


Department Of Physical Education
and Sports
RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,
SINDAGI-586128.

RESOURCE PERSON PROFILE

Name : GAVISIDDAPPA .S. ANEGUNDI

Date of Birth : 01-06-1986

Qualification : B.P.Ed & M.P.Ed

Designation : Physical Director

Service : 7 Year's Lecturer in
V.R.E.T B.P.Ed College
Raichur

-

-

-

Achievement : 3 year's Hand Ball in National
Level.


1 Year's Kabaddi National Level.
Athletics, 200mtr, 400mtr, Javelin
Throw University Level.

-

-

Year's Yoga Camp Participating
in M.P.Ed etc

Mobile No : 9900433273


RAVI V. GOLA Coordinator IQAC
Physical Director, G. P. PORWAL ARTS, COMM &
V. V. SALIMATH Sc. College


Principal,
G. P. Porwal Arts, Comm &
V. V. Salimath Sc. College



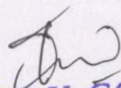
S.P.V.V.S'S
**G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)**
Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC
E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

NOTICE

Our department has planned to start a value added course in "Yoga" from 03-08-2021 to 03-09-2021 , for a period of 30 days. This yoga course is having its own importance in maintaining and improving one's health. which is very much essential to those who want to achieve something in their life. Hence interested Students shall enroll their names with the undersigned before 31-07-2021.

Date:- 27-07-2021

Ravi.V.Gola
Director. Physical Education and sports


RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,
SINDAGI-586128.



S.P.V.V.S'S

**G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)**

**Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC**

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

**Department of Physical Education and Sports
Value Added Course in Yoga**

SYLLABUS


Introduction

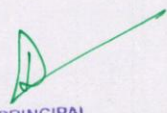
The need to introduce a formal value added course arose due to Yoga getting worldwide importance after UNO declaring 21 June as International day of Yoga. People have become Yoga crazy increasingly even through e-media. The students when talked also expressed their deep desire to undergo Yoga training on the Campus. It is hoped that such training would transform them into a better human being both mentally & physically. Thus making them property of the nation.

Objectives:

1. To enable the students to become health wealthy.
2. To enable the students to maintain mental hygiene.
3. To develop in student the spirit of emotional stability.
4. To integrate moral, cultural and national values among student.
5. To enable the students to attain higher level of consciousness.


RAVI V. GOLA
Physical Director,
G.P.PORWAL ARTS, COMMERCE and
V.V.SALIMATH SCIENCE College,
SINDGI-586128.


Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,
SINDGI-586128.


PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE
SINDGI-586 128

SYLLABUS:

Unit-I


- Meaning and definition of yoga
- Aim and objectives of yoga
- Need and importance of yoga in physical education and sports

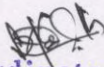
Unit-II Asana

- Tadasana
- Konasana
- Garudasana
- Halasana
- Padahstasana
- vakrasana
- Shavasana

Unit-III Yoga Mudre

- Gyan Mudra
- Vayu mudra
- Shunya mudra
- Prithvi Mudra
- Prana Mudra


RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,
SINDAGI-586128.


Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,
SINDGI-586128.



PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE
SINDGI 586 128

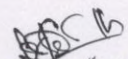



S.P.V.V.S'S
G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)
Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC
E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

Department of Sports
Value Added Course in Yoga
Board of Studies

SL.NO	NAME	DESIGNATION
1	Prof. D. M. Patil <small>Principal</small>	Principal/Chairman
2	Prof. Ravi. V. Gola	Co-Ordinator
3	Prof. B. H. Avati	Principal, Physical Education College Sindagi
4	Prof. Gavisiddappa Anegundi	Physical Director R D Patil College Sindagi


RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,
SINDAGI-586128.


Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,
SINDGI-586128.


PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE
SINDGI-586 128



S.P.V.V.S'S

**G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)**

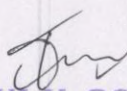
**Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC**

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

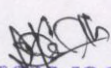
DEPARTMENT OF PHYSICAL EDUCATION


Academic Year 2021-22

Sl.NO	DAY	Time	Resource Person
1	Sunday	06:00am to 07:00am	Gavisiddappa Anegundi
2	Monday	06:00am to 07:00am	Gavisiddappa Anegundi
3	Tuesday	06:00am to 07:00am	Gavisiddappa Anegundi
4	Wednesday	06:00am to 07:00am	Gavisiddappa Anegundi
5	Thursday	06:00am to 07:00am	Gavisiddappa Anegundi
6	Friday	06:00am to 07:00am	Gavisiddappa Anegundi
7	Saturday	06:00am to 07:00am	Gavisiddappa Anegundi


RAVI V. GOLA
Physical Director,

G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,
SINDAGI-586128.


V. V. SALIMATH SC. College,
G. P. PORWAL ARTS, COM &
Coordinator IQAC
SINDGI-586128.


PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE
SINDGI-586 128




S.P.V.V.S'S

**G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)**


**Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC**

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS 2021-22	
Name of Department	Department of Physical Education and Sports
Name of Activity	Value Added Course in "Yoga"
Duration	03-08-2021 to 03-09-2021 (30Hrs)
Time	06:00am to 07:00am
Venue	Indoor Stadium and College Ground
Objectives	<ul style="list-style-type: none">➤ To enable the students to become health wealthy.➤ To enable the students to maintain mental hygiene.➤ To develop in student the spirit of emotional stability.➤ To integrate moral, cultural and national values among student.➤ To enable the students to attain higher level of consciousness.
No. of Participants	35 students enrolled, completed the course and certified.
Outcomes	<p>After completion of course students will be able</p> <ul style="list-style-type: none">➤ To maintain Mental Fitness.➤ To maintain Physical Fitness.➤ To increase immunity power.➤ To guide their family and friends about Yoga.➤ To build self-confidence and enhance body gesture/ language


RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,
SINDAGI-586128.


Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH SCIENCE COLLEGE


PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE
SINDGI-586 128



S.P.V.V.S'S

**G.P.PORWAL ARTS, COMMERCE AND V.V.SALIMATH SCIENCE
COLLEGE, SINDGI – 586 128 (Dist :Vijayapur. Karnataka State)**

**Affiliated to Rani Channamma University, Belagavi
Accredited at 'B' Grade (2.42 CGPA) by NAAC**

E-mail: gppprincipal@gmail.com Web: www.gppvvs.ac.in Ph: 08488-221244 Mobile : 9611032604

VALUE ADDED COURSE IN YOGA –2021-22

REPORT

Yoga Practice was held in our college by Department of Sports and Physical Education from 03-08-2021 to 03-09-2021, Students participated in the training at the Yoga camp every morning from 6 to 7 o'clock.

Yoga originated in ancient India. It is a group of physical, mental and spiritual practices. It can also be explained as an exercise that helps us maintain all the elements in our body. In addition, it helps us to relax our body and meditate. Yoga has numerous benefits. It keeps away many ailments from our bodies such as anxiety and stress. It also strengthens our bodies. It sharpens our minds and improves our intelligence too. With regular practice, one can develop self-discipline and self-awareness with yoga. Yoga was derived from India, thousands of years ago. Earlier, it was mainly saints who used to practice it for attaining peace and to stay fit and strong. But as the awareness of its benefits increased, everyone started practicing it. From kids to elders. Even schools have started incorporating yoga in their sports curriculum. There are different asanas for people of all ages. Such as Kapal Bhati, Pranayam, Surya namaskar, etc.


Yoga has so many benefits that it has become famous around the world. Different countries are practicing yoga and we should be proud to share our this rich cultural heritage.


Shri .Gavisiddappa Anegundi

Organizer: Ravi .V. Gola

Number of Student Participated:35


RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,


Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,


PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE
SINDGI-586 128

Handwritten notes and signatures in the grid cells, including names like 'Ravi V. Gola' and various initials.

CP - RAVI

RAVI V. GOLA

Physical Director,
G.P.PORWAL ARTS, COMMERCE AND

SALIMATH SC. COLLEGE,
SALIMATH,
SINDGI-586128.

Coordinator IQAC

G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,
SINDGI-586128.

PRINCIPAL
G.P.PORWAL ARTS COMMERCE,
V.V.SALIMATH SCIENCE COLLEGE,
SINDGI-586-128






S.P.V.V.S Sarangamath, Sindgi

G P Porwal Arts, Commerce And V V Salimath
Science College , Sindagi - 586 128

IQAC Initiative
Department of Sports




Value Added Course in Yoga

Closing Ceremony

Friday - 03-09-2021 Venue : Function Hall
Time : 09:00am

Chief Guest : Sir Gavisiddappa . Anegundi
R.D.Patil College,Sindagi

President : Prof. D . M . Patil
Principal

IQAC Coordinator : Prof. D . M . Sarashetti


Oranising Committee


Prof. R.V.Lamani Prof. M.J.Sankapa Prof. B.R.Mahajanashetti
Prof. Pratika Talawar Prof. Prakash Teju Prof. B.R.Aralagundagi

All are cordially invited

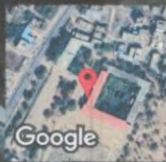
Prof. Ravi Gola **Dr.P.R.Rathod** **Prof. D.M.Patil**
Organising Secretary Gymkhana Secretary President


RAVI V. GOLA
Physical Director,
G.P. Porwal Arts, Commerce and


Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,
586128


PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE

Validictory Function Of Value Added Course in Yoga



Sindagi, Karnataka, India
W64H+F8Q, Vijayapur - Sindagi SPVV'S G. P. Porwal College, Sindagi, Karnataka 586128, India
Lat 16.906155°
Long 76.228839°
03/09/21 09:48 PM GMT +05:30

GPS Map Camera

Ravi V. Gola
RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College,

[Signature]
Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH SCIENCE COLLEGE,

[Signature]
PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE,



SPVVSS

G.P.PORWAL ARTS COMMERCE AND V.V SALIMATH SCIENCE

DIST:VIJAYAPUR

COLLEGE, SINDAGI-586128

STATE:KARNATAKA

(Accredited at 'B' grade by NAAC)

(Affiliated to Rani Channamma University, Belagavi)

IQAC INITIATIVE

Department of Physical Education

CERTIFICATE

This is certify that Kumara/Kumari.....

Of has successfully completed 30days **VALUE ADDED COURSE IN YOGA**

From 03-08-2021 to 03-09-2021)


Co-ordinator
Coordinator IQAC
G. P. PORWAL ARTS, COM &
V. V. SALIMATH Sc. College,
SINDAGI-586128.


RAVI V. GOLA
Physical Director,
G.P.Porwal Arts, Commerce and
V.V.Salimath Science College
SINDAGI-586128.


Principal
PRINCIPAL
G.P.PORWAL ARTS COMMERCE &
V.V.SALIMATH SCIENCE COLLEGE
SINDAGI-586128